**PRINT NAME** (first and last) **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ PERIOD\_\_\_\_\_\_**

**Practice Logs** are due every *Monday* with a **PARENT SIGNATURE. You are expected to practice** 60 minutes for 7th graders and 75 minutes for 8th graders each WEEK.

***Practice Logs will not be returned to students.***

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| --- | --- | --- | --- |
| Musical GOAL:**Date:** | **Warming up** yourself and your instrument is very important to every practice session. Circle the technique(s) you used to warm-up today:Brass- Mouthpiece Buzzing Playing songs on Mouthpiece only Lip slurs (high and low with same fingering)Woodwinds- Octave slurs (high and low versions of the  same note) Moving between tricky fingeringsPercussion- Buzz rolls Paradille, alternating and non-dominant hand  stickingEveryone- "For \_\_\_\_(your instrument)\_\_\_ only" songs  from the book Long tones, Scales, Etudes**How I worked towards my goal:****Something that is harder for me:** | **Total** **Minutes** | I heard my band student practice their instrument this week. **Parent/Guardian Signature** |

 **PRINT NAME** (first and last) **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ PERIOD\_\_\_\_\_\_**

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